

THE EARTH IS OUR MOTHER

You are warmly invited to join us for an afternoon of Dances of Universal Peace. These Dances can bring peace, joy and harmony into our lives, enabling us to connect more deeply with ourselves and each other. Inspired by sacred phrases taken from spiritual traditions around the world, the Dances are easy to learn - all that is needed is a willingness to take part.

Where and when: Subud centre, St Leonards Bank, Perth Saturday 25th June 2022 12 .30 to 4pm

Who with: Chloe, Gina and Stella

Programme: 12.30 to 1.30 optional simple bring and share vegetarian lunch;

1.30 to 4pm Dances of Universal Peace with 30 minute break at 2.30

No previous experience is necessary, all are welcome. Wear comfortable clothes and shoes – or bare feet.

No admission charge, but donations welcome.

For more details or to book, please contact Stella Cranwell; skcranwell@hotmail.com Tel: 0749189739

Website: www,dancesofuniversalpeace.org.uk