



Perth Amnesty Group Fundraising Challenge 2021

The 9 Four Thousanders

Our Fundraising Challenge is to climb the 9 Mountains in Scotland (Munros) that are over four thousand feet in height. You can take part in this challenge on any date and over any number of days starting from when Covid restrictions permit until the end of September 2021.

We hope that Amnesty Groups and individual Members from *across the UK* will take part in this challenge and that they will encourage friends, family and other groups, such as Hillwalker Groups, to take part as well.

Our Fundraising Target

Amnesty International UK, like many charities/NGOs, has felt the pinch as the result of Covid. Any shortfall in income impairs their ability to carry out human rights research and campaigns that save lives, change laws and free people who have been unjustly imprisoned.

We have, therefore, set an ambitious but, based on the success of our last year's Lairig Ghru fundraising challenge, achievable fundraising target of £9000.

There is of course no obligation for anyone taking part to complete the ascent of all 9 Four Thousanders. The ascent of just one Four Thousander would be a great achievement for most of us. All challengers however, should fully assess the risks involved in taking part and, in particular, ensure they are properly equipped for walking and climbing over rough mountain terrain and clothed in anticipation of very poor weather conditions. Taking on the full Challenge should only be attempted by experienced hill climbers and walkers.

Five of the mountains are within the Cairngorm Mountain range which is easily accessible from **Aviemore** and four form the Ben Nevis *Massif* which is close to **Fort William**.

The Ben Nevis Massif

Feet Metres

Ben Nevis	4413	1345
Aonach Beag	4049	1234

Amnesty International UK Charitable Trust, The Human Rights Action Centre, London, EC2A 3EA.
Tel: (+44) 0207 033 1500 Web: www.amnesty.org.uk

Amnesty International UK Section Charitable Trust is a charity registered in England and Wales (no. 1051681), in Scotland (no. SCO39534) and a registered company (company number: 03139939)



Aonach Mor	4004 1221
Carn Mor Dearg	4003 1220

The Cairngorm Mountains

Ben Macdui	4295 1309
Braeriach	4252 1296
Cairn Toul	4236 1291
Sgor an Lochain (The Angel's Peak)	4127 1258
Cairngorm	4084 1244

More detailed information about ascent and descent routes for all of these mountains is available on the web.

Donations

We'll be taking donations through our Just Giving page which you can find [here](#).

You can also setup your own fundraising pages via [Just Giving](#).

All Funds raised will be donated to the Amnesty International UK Charitable Trust, a charity registered in England and Wales (1051681) and Scotland (SC039534).

Taking Part

We do hope that you will be able to take part and are very welcome to undertake the challenge making your own arrangements and on a date(s) and at a pace which suits you.

However we also hope that the challenge will provide a great opportunity for Amnesty Activists, members and supporters throughout the UK to get together, in some spectacular Mountain locations, and enjoy some Highland Hospitality, once Covid Restrictions are lifted.

Therefore, we will be setting two separate dates for challengers to be involved as part of a group. One group to tackle the Cairngorm Mountains and the other the Ben Nevis *Massif*. These dates are likely to be during July, August or September, but we will keep everyone posted closer to the time on detailed arrangements and dates. We would stress again that there would be no obligation on anyone joining these groups to complete the ascent of all mountains.

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Contact Arrangements

Please let us know if you are going to take part, and what your preferred arrangements and dates would be. If neither of our group dates tie in with your arrangements, and if it's OK by you, we would put you in touch with all other challengers, giving you an opportunity of climbing together. Email: perthamnestygroup@yahoo.com

Good Climbing and Good Luck

The Perth Amnesty Group

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